

A decorative border of various colored condoms (red, yellow, green, blue, purple) surrounds the text. The condoms are scattered across the page, with some appearing as if they are falling or floating.

# WAAC's Top Tips for Safer Sex

## Condoms and Dams

are barrier methods that reduce transmission of STIs by acting as a physical barrier between sexual fluids and the skin/body.

## Make it Pleasurable!

- Find the right condom fit.
- Use water/silicone lube with condoms.
- Play with condoms on your own.
- Talk about it with your partner/s.

## STI Testing

Test regularly (bloods, swabs, urine) to protect yourself and your sexual partners.



**Consent comes  
first!**

**Consent is...**

Freely given  
Reversible  
Informed  
Enthusiastic  
Specific

**Alcohol and drugs  
can impact ability to  
consent**

**Find out More!**

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