

## COUNSELLING

We provide counselling and emotional support for PLHIV and young LGBTIQ+ people, with a focus on HIV, relationships, gender, sexuality, and other related issues.

Appointments are either free or capacity-based fees negotiated with the counsellors upon assessment. Sessions are typically face-to-face and can be via telephone or Skype.

## HEALTH PROMOTION

The WAAC Health Promotion team provide education to the community on a range of issues including HIV, STIs and BBVs.

This is done through a range of initiatives including workshops, presentations, campaigns, and the provision of safer sex resources.

## WORKFORCE TRAINING

WAAC offers a broad range of learning and development sessions that focus particularly on the areas of HIV, sexual health, sex positivity, anti-discrimination and inclusion.



WAAC is proud to be a QIP accredited organisation under the National Standards for Mental Health Services

## VOLUNTEERING

WAAC's incredibly passionate, dedicated and talented team of volunteers play an integral part in WAAC's work, supporting all areas of the organisation.

If you are looking to contribute to our work and volunteering at WAAC sounds like something for you, please head to our website.



# WAAC

HEALTHY · INCLUDED · CONNECTED

## CONTACT US

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## ABOUT WAAC

WAAC has provided sexual health, mental health and wellbeing related programs, support services, education and individual and community capacity building for over 35 years.

We offer a broad spectrum of services, including support for people living with HIV (PLHIV), counselling, harm reduction programs, sexual health training, alcohol and other drug programs, LGBTIQ+ support services and much more.

Our services are sensitive and responsive to the needs of diverse communities, including Aboriginal and Torres Strait Islander people, LGBTIQ+ people, people experiencing homelessness, and people from culturally and linguistically diverse backgrounds.

## SUPPORT FOR PEOPLE LIVING WITH HIV

WAAC's Allied Health Service team provide a range of health enhancement programs for PLHIV communities.

Our support services include:

- Practical and emotional support
- Case management
- HIV positive peer support, and
- Workshops, forums and social networking opportunities.

## NEEDLE AND SYRINGE EXCHANGE PROGRAM

NSEP provides confidential, non-judgmental support to people who inject drugs across the Perth metro area, empowering clients with safer injecting knowledge, overdose prevention and distribution of naloxone.

We provide a wide range of sterile injecting equipment and a space to safely dispose used injecting equipment. We also provide harm reduction education and support referrals.

## ROCK SOLID

The Rock Solid methamphetamine peer education program focuses on reducing harm related to methamphetamine use.

The project recruits Peer Educators with medium to large networks of people who may be using methamphetamine. They receive free harm reduction education and training, and then share this information with their peers to reduce the harms associated with methamphetamine use.

## OUR VISION

WAAC hopes to create a world of positive, healthy people living in inclusive, connected communities.

## FREEDOM

Freedom is here for young people ages 12-25 to support each other and their communities to be informed, happy and healthy about their sexuality, sex and gender.

We offer counselling and individualised support services for young LGBTIQ+ people, and partner with the local community to develop capacity and create more inclusive, supportive, and connected communities.

Freedom offers services such as Freedom Centre (FC), a peer-led drop-in service in Perth metro, art groups run by FC, state-wide counselling, and community development in Bunbury, Geraldton, Kalgoorlie and Perth/Peel.

## M CLINIC

M Clinic provides non-judgmental HIV and STI testing and treatment, vaccinations, gender affirming care, and PrEP prescriptions for men who have sex with men, trans and non-binary people in a relaxed environment.

## WELLBEING WORKSHOPS

We run several Wellbeing Workshops throughout the year, focusing on peer support and mental health for LGBTIQ+ youth.