

## TIPS FOR SENDING NUDES SAFELY

### Communication

Have a chat with the person you're going to send it to first and make sure you're both on the same page with what is ok and what is not.

### Consent

Only send it if the other person has agreed that they want you to.

### Make sure the person is trustworthy

Only send sexy selfies or nudes to people you trust

### De-identify images

Crop out your face and distinguishing features, this could be tattoos, birthmarks or peircings.

### Keep backgrounds simple

Keep the background simple, this will make sure you can't be identified by the background of your selfie.

### Are you comfortable?

Its important to make sure you feel comfortable with your decision before you press send.

### Don't sip and send

Avoid sending nudes when drinking or under the influence of other drugs. When alcohol and drugs are onboard, this can affect our ability to make informed decisions and consent, including when and who we send nudes to.

# SENDING NUDES

A guide to safer sexting



## CONTACT US



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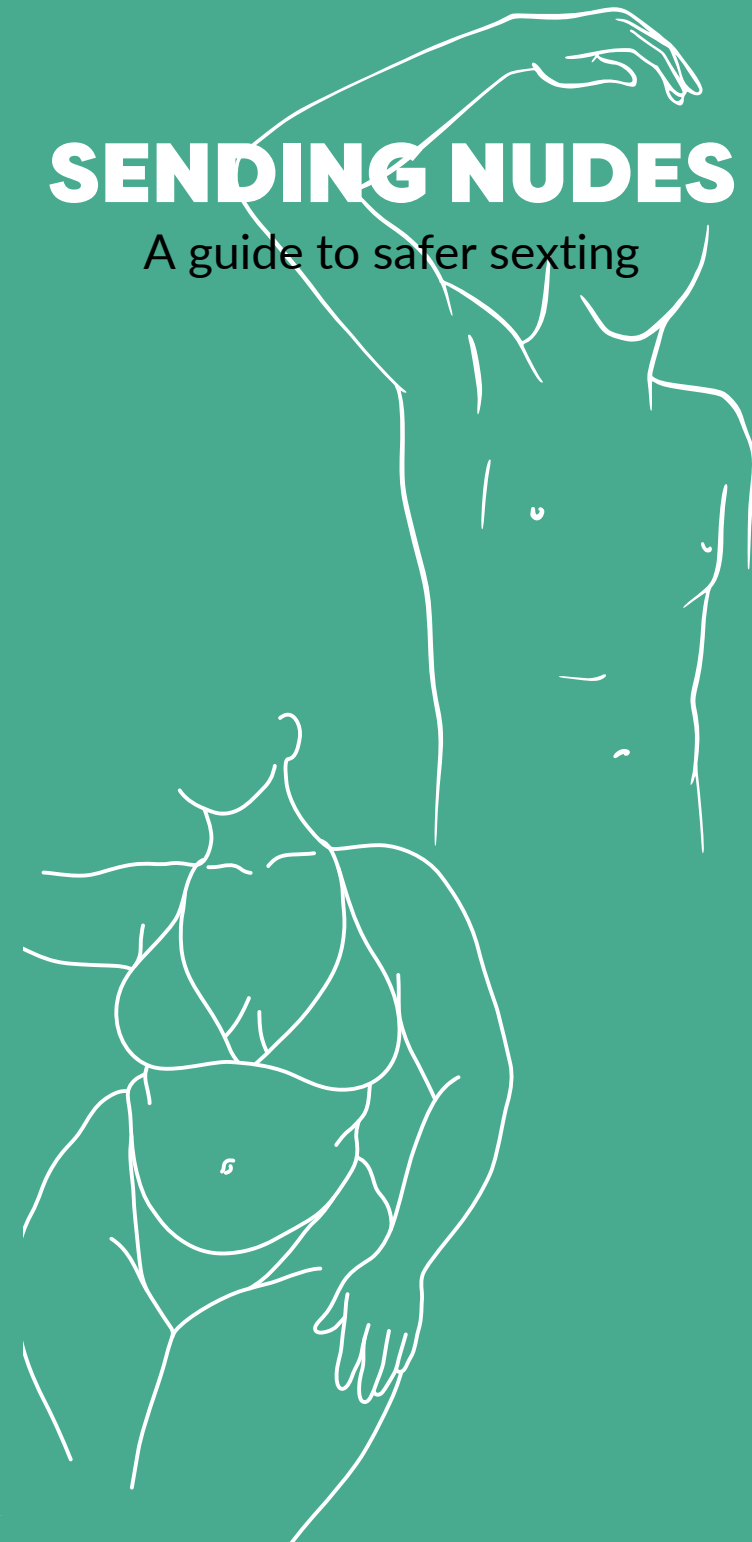
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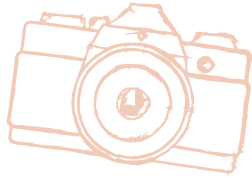


## WHY SEND THEM?

There are many reasons why people might send nudes.

People may send nudes

- to explore sexuality
- to feel sexy
- to be fun and flirty
- to grow closer to someone
- to get compliments
- to get someone interested/take notice
- because of pressure from a partner
- to feel included or to fit in
- to send one back to someone who sent one to you



## WHY NOT?

There are many reasons why people might not send nudes. It's important to respect people's decisions and not pressure them into doing something they are not comfortable with.

People may not be comfortable sending nudes

- had a bad past experience
- worried about hurting their reputation
- feel uncomfortable or embarrassed
- potential to hurt current/future relationships
- worried images may be shared without consent
- worried about getting into trouble with school or the law

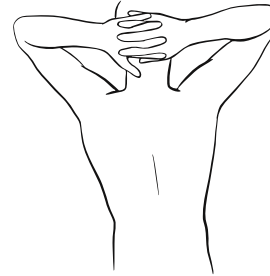
## WHAT TO LOOK OUT FOR

### Did you know?

If you're younger than 18, it's actually against the law to take, send or store nudes?

If you have nudes of people younger than 18 in your possession, it's considered child pornography?

Once you have turned 18, it is legal to take and send nudes. However, if you share someone else's nudes without their consent, you could face up to 2 years



### Online safety

Sending nudes can be a way for people to explore their sexuality. It can feel private and can be a way for people to be intimate. However, it's important to be aware that sending images online can carry some risk.

Whether sending nudes on snapchat, tinder, grinder or Instagram, once a photo is put online it may be screen grabbed, downloaded or saved.



### Image based abuse

Image Based Abuse (IBA) also known as 'revenge porn' is when somebody shares an intimate image or video without the consent of the person whose image it is. This also includes someone threatening to send an intimate image. It is illegal to send images of others without their consent.

## WHAT TO DO IF SOMETHING HAPPENS?

It is never ok to have an image you sent shared or share another person's image without consent.

### Some things to you can do

- **Check in with yourself** - are you comfortable with your decision before sending an image
- **Say no** - It is ok to say no if you are uncomfortable or don't want to do something
- **Tell the person to stop** - if something happens, tell the person to stop.

### Ways to protect yourself

- **Passcode** - set a passcode on your phone or computer to prevent other people being able to gain access to these without your permission
- **Privacy settings** - check your privacy settings on your social media, make sure that these are set so that you can approve photos and videos before they are posted.

