

# Interested in becoming a Peer Educator?

- Are you passionate about keeping people safe while they are using?
- Do you have large networks of people who are using methamphetamine or other drugs?
- Do you want to help keep your mates safe?

Then becoming a peer educator may be just up your alley!

## Contact us

If this sounds like you text the Rock Solid Project Officer on:

mob: 0427 495 597 leave your name and number.

or call the WAAC office on:  
(08) 9482 0000

Scan the QR code below to head to our website!



# ROCK SOLID



## CONTACT US

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- (08) 9482 0000
- hello@waac.com.au
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## Methamphetamine Peer Education Project



## What is the Rock Solid project?

The Rock Solid project is a methamphetamine peer education project that aims to reduce harms that can occur while using methamphetamine and other substances.

The project is classed as a harm reduction approach, which acknowledges in society people are going to use alcohol and other drugs and focuses on keeping them as safe as possible while they are using.

## Why peer education?

Peer education is an informal way of sharing information amongst peers. Peer education projects are an intergrual part of a harm reduction approach.

Peers often have great knowledge, shared experiences, more credibility and their input is extremely valuable.

Peer education projects such as the Rock Solid project, have access to hard to reach groups of people who may not otherwise receive education and information. The impact of the sharing of information to these groups is extremely valuable and can be life saving.

## Rock Solid Peer Educators

The Rock Solid project recruits individuals who are passionate about reducing harm and supporting their peers and their community.

These amazing people are often connected to large networks of people who use methamphetamine and/or other drugs or might be thinking about using.

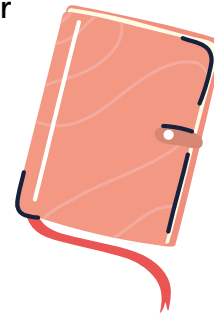
Peer educators are then trained on a range of harm reduction strategies to keep people safe while they're using, and then share these messages with their mates!



## Peer Educator diaries

Once a Peer Educator has had a conversation with their peer about harm reduction, they record their interaction in a Peer Educator diary! These diaries are anonymous and help us to identify drug related trends and inform community responses.

Peer Educators play an important role in informing and advocating for the needs of their community.



## Peer Educator training

Peer Educators receive training on a range of harm reduction strategies related to alcohol and other drug use.

This includes:

- How meth works on the brain
- Harm reduction strategies for each route of administration
- General harm reduction strategies
- The importance of sleep, hydration and nutrition
- Methamphetamine and mental health
- Recognising and responding to psychosis
- Opioid Overdose and Naloxone
- Methamphetamine toxicity
- Blood Borne Viruses
- Meth and Sex
- Referrals to support services



**Peer Educators play a valuable role in providing support and education to people who use methamphetamine and other drugs.**