

## CASE MANAGERS

WAAC's case management team provides a range of practical and emotional support for the PLHIV community.

### Case management services include:

- Welfare support assistance
- Advocacy
- Referrals
- Care plan management
- Ageing support

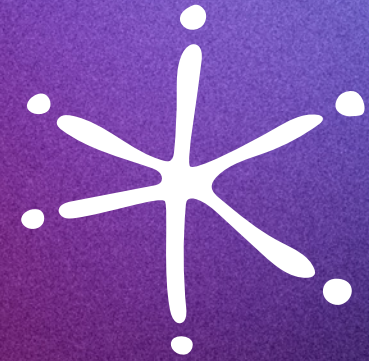
The case management team also provide services for PLHIV whose wellbeing is compromised by complex and destabilising circumstances.

Our comprehensive outreach service has case managers engage with clients in the community in their own environment.

We aim to mobilise and empower individuals to access treatment and support services, develop and maintain capacity, and determine their own long term health and wellbeing.

## OUR PURPOSE

To optimise the health and wellbeing of all through reducing stigma and discrimination, improving access to health services, and reducing transmission of HIV, STIs, and BBVs.



# WAAC

**ALLIED HEALTH SERVICES**  
FOR PEOPLE LIVING WITH HIV



## CONTACT US

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## SUPPORT SERVICES

WAAC's Integrated Support Services (INTESS) team provide a range of health enhancement programs for people living with HIV (PLHIV).

### Our support services include:

- Practical and emotional support via counselling
- Case management
- HIV positive peer support
- Workshops, forums and social networking opportunities

Our services are sensitive and responsive to the needs of diverse communities, including Aboriginal and Torres Strait Islander people, LGBTIQ+ people, people experiencing homelessness and people from culturally and linguistically diverse backgrounds.

## COUNSELLING

Our experienced counsellors provide therapy with a focus on HIV, relationships, gender, sexuality and other related issues. Fees are capacity based and negotiable with the counsellors upon assessment.

Sessions can be face-to-face, via telephone or online to fit your needs and situation.

## POSITIVE PEER SUPPORT

WAAC's Positive Peer Educators provide a broad range of support based on "lived experience".

This includes workshops, one-on-one education and support, HIV positive peer mentoring programs, support with new and recent diagnoses, navigating disclosure issues, access to GPs and other health professionals.

The Positive Peer Educators work alongside people living with HIV to assist in developing resilience and building on confidence and self-actualisation.

## WORKSHOPS & FORUMS

We hold various workshops and forums throughout the year designed to inform, develop knowledge and skills, build resilience, and encourage physical, emotional, and social wellbeing.

## SOCIAL SPACES

Our peer support team run social events for PLHIV where they can spend time with and learn from other members of the community in a safe, judgement free space.

These events are run by community, for community monthly, with different groups available for different people, such as for women, recently diagnosed people, and more general groups open to all.

## OUR VISION

WAAC hopes to achieve a world of positive, healthy people living in inclusive, connected communities.