

# **The Pleasure Playlist**

Pleasurable dam use



## **ABOUT DAM TIME**



# Pleasurable dam use



Dams are thin latex or polyurethane sheets used between the mouth and vagina or anus during oral sex, that reduce the risk of STI transmission.

They are made from very thin material to maximise pleasure.





# Pleasurable dam use



**They diffuse sensation!**

**Some people who find direct clitoral or anal stimulation to be too intense may prefer using dams as it can diffuse sensation.**



# Pleasurable dam use



**Add a few drops of lube.**

**Put a few drops of water or silicone based lube on the vulva/anus before using the dam to increase sensitivity and pleasure.**

**Try flavoured lube on the other side of the dam for more fun!**



# Pleasurable dam use



For more tips on using dams, condoms  
and lube...pleasurably  
(and a playlist to try them out to!)

Visit The Pleasure Playlist - WAAC  
or scan the QR code.

