### The Pleasure Playlist Pleasurable condom use





abcdef (use condoms)



## Find the right fit.

Every penis is different, it's important to try different sized condoms to find the best size for you.

Condoms should fit snugly, but not be too tight. If the condom comes off frequently you may need a tighter fit.



#### Add lube before using the condom.

Put a few drops of lube on the penis before putting on the condom to increase sensitivity and pleasure.

Only use silicone or water-based lube as oil can break down the condom easier.



Think of the benefits!

Using condoms can provide a range of mental benefits too. For example, some people may feel more relaxed and less worried about pregnancy or STIs.

Condoms can also delay orgasm for the person wearing it, so penetrative sex may last longer.

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Put the condom on in a sexy way.

You can make putting a condom on fun and sexy, for example, putting it on together.

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# Pleasurable condom use 💉

For more tips on using dams, condoms and lube...pleasurably (and a playlist to try them out to!)

Visit The Pleasure Playlist - WAAC or scan the QR code.



